



For Immediate Release

Canadian Culinary Book Awards Winners Announced

Guelph, ON (September 16, 2006) – The winners of the Cuisine Canada and The University of Guelph's Canadian Culinary Book Awards were announced September 16, 2006, at the Gala Dinner event during Cuisine Canada's national conference in Winnipeg, Manitoba.

Some of Canada's top food professionals, chosen as judges, spent the summer testing recipes and evaluating culinary books from more than 50 entered. The winners are:

ENGLISH-LANGUAGE CULINARY BOOKS

Canadian Food Culture Category: (for books that best illustrate Canada's rich culinary heritage and food culture)

Gold: Janice Wong, *Chow: from China to Canada: memories of food + family* (Whitecap Books, Vancouver).

Silver: Habeeb Salloum, *Arab cooking on a Saskatchewan homestead: recipes and recollections* (Canadian Plains Research Center, Regina, Saskatchewan).

Cookbook Category:

Gold: Michael and Anna Olson, *Anna and Michael Olson cook at home: recipes for every day and every occasion* (Whitecap Books, Vancouver).

Silver: Jurgen Gothe, *DiscCookery* (Whitecap Books, Vancouver).

Special Interest Food and Beverage Book: (for books about food; non-cookbooks)

Gold: Pam Freir, *Laughing with my mouth full: tales from a Gulf Islands kitchen* (HarperCollins Publishers Ltd, Toronto).

Silver: Nazneen Sheikh, *Tea and pomegranates: a memoir of food, family and Kashmir* (Penguin Canada, Toronto).

FRENCH-LANGUAGE CULINARY BOOKS

The Culinary Book Awards are also open to Canadian French-language culinary books.

Canadian Food Culture Category: (for books that best illustrate Canada's rich culinary heritage and food culture)

Gold: Anton Fercher, *Chapeau! Canada: les grands chefs* (Chapeau Canada Les Grands Chefs Inc., St-Lambert, Quebec).

Silver: Michèle Serre, *Les produits du marché au Québec* (Éditions du Trécarré, Outremont, Quebec).

Cookbook Category:

Gold: Jocelyna Dubuc, Pierre Cornélis and Stéphane Triballi, *Le Spa Eastman à votre table* (Spa Eastman, Eastman).

Silver: Robert Beauchemin, *Huile d'olive* (Les Éditions de l'Homme, Montréal).

Special Interest Food and Beverage Book Category: (sponsored by Chicken Farmers of Canada)

Gold: François Chartier, *À table avec François Chartier* (Les Éditions La Press, Sainte-Foy, Quebec).

Silver: Richard Béliveau and Denis Gingras, *Les aliments contre le cancer: La prévention et le traitement du cancer par l'alimentation* (Éditions du Trécarré, Outremont, Quebec).

Cuisine Canada is a national alliance of Canadian culinary professionals who share a common desire to encourage the development, use and recognition of fine Canadian food and beverages. The University of Guelph has for more than 140 years contributed to Canadian cuisine through its programs in agriculture, food science, hospitality and tourism management. It is the home of one of Canada's best cookbook collections.

For more information about the awards visit Cuisine Canada's web site: www.cuisinecanada.ca.

The Culinary Book Awards are supported by Beef Information Centre, Fairmont Hotels & Resorts, Hain Celestial Canada, Harbinger Communications, Liaison College, Delta Hotels, Inniskillin and Chicken Farmers of Canada.

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Available for interview is Lynn Campbell of University of Guelph, 519-824-4120, lynn.campbell@uoguelph.ca

For more information and interviews with winning authors contact:

Harbinger Communications

Lesley Coen, 416-960-5100 ext. 261. lcoen@harbingerideas.com
Rosa Mangiardi, 416-960-5100 ext. 236. rmangiardi@harbingerideas.com